



Prayer and Adoration

Our Thursday evening prayer group gathers weekly to pray for others, and for priests and religious vocations. But we also want to develop a deeper relationship with The Holy Spirit and to more fully embrace the presence of Our Lord Jesus Christ through Eucharistic Adoration.

We begin our prayer group by following a format where some of the time we pray aloud, and some of the time we pray silently. We also include time in our prayer to focus on interceding for others and time when we can just sit quietly and listen to The Holy Spirit.

This booklet is a collection of some of our favorite prayers and devotions. We hope they will lead you along the path of prayer from the heart, where, should you decide to, you can continue alone in silent meditation, or even stop and go ahead on your own in the personal dialogue of your soul with Our Lord, Jesus Christ.

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As I Kneel Before You

*Ave Maria Gratia Plena,
Dominus tecum, benedicta tu.*

As I kneel before you,
As I bow my head in prayer,
Take this day, make it yours,
And fill me with your love.

*Ave Maria Gratia Plena,
Dominus tecum, benedicta tu.*

All I have I give you,
Every dream and wish are yours,
Mother of Christ, mother of mine,
Present them to my Lord.

*Ave Maria Gratia Plena,
Dominus tecum, benedicta tu.*

As I kneel before you,
As I see your smiling face,
Every thought, every word
Is lost in your embrace.

*Ave Maria Gratia Plena,
Dominus tecum, benedicta tu.*



To Jesus Christ, Our Sovereign King

To Jesus Christ, our sovereign King,
Who is the world's salvation.

All praise and homage do we bring,
And thanks and adoration.

*Christ Jesus, Victor! Christ Jesus Ruler!
Christ Jesus Lord and Redeemer.*

Your reign extend, O King benign,
To every land and nation;

For in Your Kingdom, Lord divine,
Alone we find salvation.

*Christ Jesus, Victor! Christ Jesus Ruler!
Christ Jesus Lord and Redeemer.*

To You and to Your Church, great King,
We pledge our hearts' oblation;

Until before Your throne we sing,
In endless jubilation.

*Christ Jesus, Victor! Christ Jesus Ruler!
Christ Jesus Lord and Redeemer.*



~ OPENING PRAYERS ~ (Select One)

Prayer to The Sacred Heart

O Sacred Heart of Jesus, filled with infinite love, broken by my ingratitude and pierced by my sins and yet loving me still: Accept the consecration that I make to You of all that I am and all that I have. Take every faculty of my body and soul, and draw me day by day nearer to Your sacred side, and there, as I can bear the lesson, teach me Your blessed ways. Amen.

Prayer to Mary, Most Holy

O Mary, conceived without sin, pray for us who have recourse to thee. O Refuge of sinners, Mother of the dying, do not abandon us in the hour of our death, but obtain for us perfect sorrow, sincere contrition, remission of our sins, a worthy reception of the most Holy Viaticum, and the strengthening help of the Sacrament of the Sick, that we may present ourselves with security before the throne of the just but merciful Judge, our God and Redeemer. Amen.

Daily Offering

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day in union with the holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of Your Sacred Heart: The salvation of souls, the reparation for sin, the union of all Christians. I offer them for the intention of our Bishops and of all Apostles of Prayer, and in particular for those recommended by our Holy Father this month. Amen.



~ PRAYERS TO THE HOLY SPIRIT ~

(Select One)

Act of Consecration to The Holy Spirit

On my knees, before the great multitude of heavenly witnesses I offer myself, soul and body to You, Eternal Spirit of God.

I adore the brightness of Your purity, the unerring keenness of Your justice, and the might of Your love.

I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You.

Mercifully guard my every thought and grant that I may always watch for Your light, and listen to Your voice, and follow Your gracious inspirations.

I cling to You and give myself to You and ask You, by Your compassion to watch over me in my weakness.

Holding the pierced Feet of Jesus and looking at His Five Wounds, and trusting in His Precious Blood and adoring His opened Side and stricken Heart, I implore You, Adorable Spirit, Helper of my infirmity, so to keep me in Your grace that I may never sin against You.

Give me grace, O Holy Spirit, Spirit of the Father and the Son to say to You always and everywhere, ***"Speak, Lord, for Your servant is listening."*** Amen.



O Lord, I Am Not Worthy

O Lord, I am not worthy,
That Thou should come to me,
But speak the word of comfort
My spirit healed shall be.

And humbly I'll receive Thee,
The bridegroom of my soul,
No more by sin to grieve Thee
Or fly Thy sweet control.

O Sacrament most holy,
O Sacrament divine,
All praise and thanksgiving
Be every moment Thine.

~ ~ ~

Immaculate Mary

Immaculate Mary, your praises we sing;
You reign now in splendor with Jesus, our King.
Ave, ave, ave, Maria! Ave, ave, Maria!

In heaven the blessed your glory proclaim;
On earth we, your children, invoke your sweet name.
Ave, ave, ave Maria! Ave, ave, Maria!

Your name is our power, your virtues our light;
Your love is our comfort, your prayers are our might.
Ave, ave, ave, Maria! Ave, ave, Maria!

We pray for the Church, our true mother on earth.
And beg you to watch o'er the land of our birth.
Ave, ave, ave, Maria! Ave, ave, Maria!



All That I Am

All that I am, all that I do,
All that I'll ever have, I offer now to You.

All that I dream, all that I pray,
All that I'll ever make, I give to You today.

Take and sanctify these gifts for your honor, Lord.
Knowing that I love and serve You is enough reward.

All that I am, all that I do,
All that I'll ever have, I offer now to You.

Take and sanctify these gifts for You honor, Lord.
Knowing that I love and serve You is enough reward.

All that I dream, all that I pray,
All that I'll ever make, I give to You today.

~ ~ ~

Hail, Holy Queen Enthroned Above

Hail, Holy Queen enthroned above, O Maria!
Hail, Mother of Mercy and of Love, O Maria! *

Our life, our sweetness here below, O Maria!
Our hope in sorrow and in woe, O Maria! *

To thee we cry, poor sons of Eve, O Maria!
To thee we sigh, we mourn, we grieve, O Maria! *

** Triumph, all ye cherubim;
Sing with us, ye seraphim.
Heaven and earth resound the hymn:
Salve, salve, salve Regina!*



Prayer for the Seven Gifts of The Holy Spirit

O Lord, Jesus Christ, Who, before ascending into heaven, did promise to send The Holy Spirit to finish Your work in the souls of Your Apostles and Disciples, deign to grant the same Holy Spirit to me that He may perfect in my soul the work of Your grace and Your love.

Grant me the **Spirit of Wisdom** that I may despise the perishable things of this world and aspire only after the things that are eternal;

The **Spirit of Understanding** to enlighten my mind with the light of Your divine truth;

The **Spirit of Counsel** that I may ever choose the surest way of pleasing God and gaining heaven;

The **Spirit of Fortitude** that I may bear my cross with You and that I may overcome with courage all the obstacles that oppose my salvation;

The **Spirit of Knowledge** that I may know God and know myself and grow perfect in the science of the Saints;

The **Spirit of Piety** that I may find the service of God sweet and amiable; and

The **Spirit of Fear** that I may be filled with a loving reverence towards God and may dread in any way to displease Him.

Mark me, dear Lord, with the sign of Your true disciples, and animate me in all things with Your Spirit. Amen.



Consecration to The Holy Spirit

Come, Holy Spirit, make my body Your temple. Come, and abide with me forever. Give me the deepest love for the Sacred Heart of Jesus in order to serve Him with my whole heart, soul, mind and strength. Take possession of all my faculties of body and soul. Regulate all my passions: feelings and emotions. Take possession of my intellect, understanding and will; my memory and imagination. O Holy Spirit of Love, give me an abundance of Your efficacious graces. Give me the fullness of all the virtues; enrich my faith, strengthen my hope, increase my trust, and inflame my love. Give me the fullness of Your sevenfold gifts, fruits and beatitudes. Most Holy Trinity, make my soul Your sanctuary. Amen.

An Act of Consecration to The Holy Spirit

O Holy Spirit, Divine Spirit of Light and Love, I consecrate to You my understanding, my heart and my will, my whole being for time and for eternity.

May my understanding be always submissive to Your heavenly inspirations and to the teaching of the Holy Catholic Church, of which You are the infallible Guide.

May my heart be ever inflamed with love of God and of my neighbor; may my will be ever conformed to the Divine Will, and may my whole life be a faithful imitation of the life and virtues of Our Lord and Savior, Jesus Christ, to Whom with the Father and You, Holy Spirit, be honor and glory forever. Amen.

- St. Pius X, June 5, 1908



***I will tell you most when you converse with
Me in the depths of your heart.
Here, no one can disturb My actions.
Here, I rest as in a garden enclosed.***

~ *Diary of St. Faustina
Notebook II, No. 581*



~ THE DIVINE PRAISES ~

Blessed be God. Blessed be His Holy Name.

Blessed be Jesus Christ, True God and True Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be The Holy Spirit, the Consoler.

Blessed be The Great Mother of God, Mary, most holy.

Blessed be Her Holy and Immaculate Conception.

Blessed be Her Glorious Assumption.

Blessed be the Name of Mary, Virgin and Mother.

Blessed be Saint Joseph, Her most chaste spouse.

Blessed be God in His angels and in His saints.

~ ~ ~

O Sacrament Most Holy, O Sacrament Divine
All Praise and All Thanksgiving,
Be Every Moment Thine

(Repeat Three Times)



*There are different kinds of spiritual gifts
but the same Spirit;
there are different forms of service
but the same Lord;
there are different workings
but the same God who produces
all of them in everyone.
To each individual the manifestation
of the Spirit is given for some benefit.*

~ *Corinthians 12:3*

~ ~ ~

PRAYER TO SAINT JOSEPH

Oh, St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you my interests and desires. Oh, St. Joseph, do assist me by your powerful intercession, and obtain for me from your Divine Son all spiritual blessings, through Jesus Christ, Our Lord. So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of fathers.

Oh, St. Joseph, I never weary contemplating you, and Jesus asleep in your arms. I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine Head for me, and ask Him to return the kiss when I draw my dying breath. St. Joseph, Patron of departing souls, pray for me. Amen.



~ HYMNS ~

Come, Holy Ghost

Come, Holy Ghost, Creator blest,
And in our hearts take up Thy rest;
Come with Thy grace and heavenly aid
To fill the hearts which Thou hast made;
To fill the hearts which Thou hast made.

O Comforter, to Thee we cry,
Thou heav'nly gift of God most high;
Thou font of life and fire of love,
And sweet anointing from above;
And sweet anointing from above.

Praise be to Thee, Father and Son,
And Holy Spirit, with Them one;
And may the Son on us bestow
The gifts that from the Spirit flow;
The gifts that from the Spirit flow.

Spirit of the Living God

Spirit of the living God,
Fall afresh on me.

Spirit of the living God,
Fall afresh on me.

Break me. Melt me.
Mold me. Fill me.

Spirit of the living God,
Fall afresh on me.



Hymn

"Thank You, Jesus"

~ REPOSITION OF THE HOLY EUCHARIST ~

Tantum Ergo

Tantum ergo Sacramentum
Veneremur cernui:

Et antiquum documentum
Novo cedat ritui:

Praestet fides supplementum
Sensuum defectui.

Genitori, Genitoque
Laus et jubilatio,

Salus, honor, virtus quoque
Sit et benedictio:

Procedenti ab utroque
Compar sit laudatio. Amen.



Personal Meditaton

Prayer of Thanks (3 to 5 minute pause)

~ PRAYER BEFORE A CRUCIFIX ~

Look down upon us, good and gentle Jesus, while before Thy face we humbly kneel, and with burning souls pray and beseech Thee to fix deep in our hearts lively sentiments of faith, hope, and charity, true contrition for our sins and a firm purpose of amendment, while we contemplate with great love and tender pity Thy Five Wounds, pondering over them within us and calling to mind the words which David, Thy prophet, said of Thee my Jesus, "They have pierced My hands and My feet, they have numbered all My bones."

~ SPIRITUAL COMMUNION ~

O Jesus, I turn toward the holy tabernacle where You live hidden for love of me. I love You, O my God. I cannot receive you in Holy Communion. Come, nevertheless, and visit me with Your grace. Come spiritually into my heart. Purify it. Sanctify it. Render it like unto Your own. Amen.

~ ANIMA CHRISTI ~

Soul of Christ, sanctify me.
 Body of Christ, save me.
 Blood of Christ, inebriate me.
 Water from the side of Christ, wash me.
 Passion of Christ, strengthen me.
 O good Jesus, hear me.
 Within Thy wounds, hide me.
 Suffer me not to be separated from Thee.
 From the malignant enemy, defend me.
 In the hour of my death, call me.
 And bid me come to Thee.
 That with Thy saints I may praise Thee,
 Forever and ever. Amen.



~ PRAYERS FOR PRIESTS AND VOCATIONS ~

(Select One)

A Prayer for Priests

O Almighty, Eternal God, look upon the Face of Your Son and for love of Him, Who is the Eternal High Priest, have pity on Your priests. Remember, O most compassionate God, that they are but weak and frail human beings. Stir up in them the grace of their vocation which is in them by the imposition of the bishop's hands. Keep them close to You, lest the enemy prevail against Thee, so that they may never do anything in the slightest degree unworthy of their sublime vocation.

O Jesus, I pray for Your faithful and fervent priests; for Your unfaithful and tepid priests; for Your priests laboring at home or abroad in distant mission fields; for Your tempted priests; for Your lonely and desolate priests; for Your young priests; for Your dying priests; for the souls of Your priests in Purgatory.

But above all I recommend to You the priests dearest to me: the priest who baptized me; the priests who absolved me from my sins; the priests at whose Masses I assisted and who gave me Your Body and Blood in Holy Communion; the priests who taught and instructed me; and all priests to whom I am indebted in any other way.

O Jesus, keep them close to Your heart, and bless them abundantly in time and in eternity. Amen.

Prayer to the Eternal High Priest

O Jesus, Eternal Priest, keep Your priests within the shelter of Your Most Sacred Heart, where none can touch them. Keep unstained their anointed hands, which daily touch Your Sacred Body. Keep unsullied their lips daily tinged with Your Precious Blood. Keep pure and unworldly their hearts, sealed with the sublime mark of the priesthood. Let Your Holy Love surround and protect them from the world's contagion. Bless their labors with abundant fruit, and may the souls to whom they minister be their joy and consolation here, and their everlasting crown in the hereafter. Amen.

- St. Therese of the Child Jesus



For Holy Church and for Priests

O my Jesus, we beg You on behalf of the whole Church, grant it the love and the light of Your spirit and give power to the words of priests so that hardened hearts might be brought to repentance and return to You, O Lord.

Lord, give us holy priests. You, Yourself, maintain them in holiness. O Divine and Great High Priest, may the power of Your mercy accompany them everywhere and protect them from the devil's traps and snares which are continually being set for the souls of priests.

May the power of Your mercy, O Lord, shatter and bring to naught all that might tarnish the sanctity of priests, for You can do all things. We ask You, Jesus, for a special blessing and for light for the priests before whom we will make our confessions throughout our lifetime. Amen.

- St. Faustina

For Openness to God's Call

Lord Jesus, once You called the first disciples in order to make them fishers of men. Continue to let resound today Your sweet invitation:

"Come and follow me"

Grant to young men and women the grace of responding promptly to Your voice. Sustain our bishops, priests and consecrated souls in their apostolic work. Give perseverance to our seminarians and to all those who are fulfilling the ideal of a life of total consecration to Your service.

Enkindle in our communities a missionary zeal. Send, Lord, workers into Your fields and do not let mankind be lost because of a lack of pastors, missionaries and people dedicated to the cause of the Gospel.

Mary, Mother of the Church, model of vocations, help us say "Yes" to the Lord Who calls us to collaborate in the divine design of salvation. Amen.

- Pope John Paul II



The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; on the third day He arose from the dead; He ascended into heaven, and is seated at the right hand of God, the Father Almighty; He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

On the single, large bead before each decade:

Eternal Father, we offer You
The Body and Blood, Soul and Divinity
Of Your dearly beloved Son, Our Lord, Jesus Christ,
In atonement for our sins and those of the whole world.

On the ten small beads of each decade:

For the sake of His sorrowful Passion,
Have mercy on us
and on the whole world.

At the end of the five decades, Repeat 3 times:

Holy God,
Holy Mighty One,
Holy Immortal One,
Have mercy on us,
and on the whole world.

Concluding Prayer: Eternal God, in Whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence, submit ourselves to Your holy will, which is Love and Mercy itself. Amen.



Spiritual Reading

Silent Meditation (3 to 5 minute pause)

~ THE CHAPLET OF DIVINE MERCY ~

Introductory Prayer: You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

Repeat 3 times: O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of mercy for us, I trust in You!

Recite:

Our Father

Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.



Helper's Offering and Invocation for Priests

My God and Father, in response to the word of Your Son on the Mount of Olives, "Watch and pray with me," we ask You to accept us as special helpers for Your priests, on behalf of whom, we offer You each Thursday as a sacrifice of love.

With a fervent desire of being such a helper of priests, we offer You, Father, in complete confidence, each Thursday as a sacrifice of love on behalf of all priests. Take this sacrifice of our poor love and transform it in Your Heart into the wine for the Chalice of Strength. Then, Father, send Your angels out with this chalice to all priests! Amen.

Laborers for the Harvest

O Jesus, Good Shepherd, raise up in all parish communities, priests and deacons, religious, consecrated lay people and missionaries according to the needs of the whole world, which You love and want to save.

We entrust to You in a particular way our parish community; create in it the spiritual atmosphere of the first Christians in order that it may be a cenacle of prayer where we lovingly receive the Holy Spirit and His gifts.

Assist our pastors and all consecrated souls. Guide the steps of those who have generously welcomed Your call and prepared themselves for Holy Orders or the profession of the evangelical counsels.

Direct Your loving gaze to the many well-disposed young people and invite them to follow You. Help them to understand that only in You they can achieve their fulfillment.

We entrust these great desires of Your Heart to the powerful intercession of Mary, Mother and model of all vocations, and beg You to sustain our faith in the certainty that the Father will listen to what You Yourself have instructed us to ask for. Amen.

- Pope John Paul II



~ PRAYER INTENTIONS ~

For those Special Prayer Intentions of Our Holy Father, *Pope N.* _____
for this, the month of _____ we pray to You, Lord.

R: Lord, hear our prayer

For Our Holy Father's Missionary Intention _____
we pray to You, Lord.

R: Lord, hear our prayer

For Our Holy Father's General Intention _____
we pray to You, Lord.

R: Lord, hear our prayer

For all victims of abortion, we pray to You, Lord.

R: Lord, hear our prayer

For those who are sick, for their caregivers, and for all those who
will die today, we pray to You, Lord.

R: Lord, hear our prayer

For all soldiers, military personnel and elected leaders and officials,
we pray to You, Lord.

R: Lord, hear our prayer



Pray for us.

Singular vessel of devotion ...

Mystical rose ...

Tower of David ...

Tower of ivory ...

House of gold ...

Ark of the covenant ...

Gate of heaven ...

Morning star ...

Health of the sick ...

Refuge of sinners ...

Comforter of the afflicted ...

Help of Christians ...

Queen of angels ...

Queen of patriarchs ...

Queen of prophets ...

Queen of apostles ...

Queen of martyrs ...

Queen of confessors ...

Queen of virgins ...

Queen of all saints ...

Queen conceived without original sin ...

Queen assumed into heaven ...

Queen of the most Holy Rosary ...

Queen of families ...

Queen of peace ...

Lamb of God, Who takes away the sins of the world,

Spare us, O Lord.

Lamb of God, Who takes away the sins of the world,

Graciously hear us, O Lord.

Lamb of God, Who takes away the sins of the world,

Have mercy on us.

V: Pray for us, O Holy Mother of God.

R: That we may be made worthy of the promises of Christ.

Let us pray: Grant we beseech You, O Lord, God, that we, Your servants, may enjoy health of mind and body, and by the glorious intercession of the Blessed Virgin Mother, be delivered from present sorrow and enter into the joy of eternal happiness. Through Christ, our Lord. Amen.



LITANY OF OUR LADY OF LORETO ~

Lord, have mercy on us.
 Christ, have mercy on us.
 Lord, have mercy on us.
 Christ hear us.

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, graciously hear us.

God, the Father of Heaven ...
 God, the Son, Redeemer of the world ...
 God, the Holy Spirit ...
 Holy Trinity, One God ...

Have mercy on us.

Holy Mary ...
 Holy Mother of God ...
 Holy Virgin of virgins ...
 Mother of Christ ...
 Mother of the Church ...
 Mother of divine grace ...
 Mother most pure ...
 Mother most chaste ...
 Mother inviolate ...
 Mother undefiled ...
 Mother immaculate ...
 Mother most amiable ...
 Mother most admirable ...
 Mother of good counsel ...
 Mother of our Creator ...
 Mother of our Savior ...
 Mother most powerful ...
 Virgin most prudent ...
 Virgin most venerable ...
 Virgin most renowned ...
 Virgin most merciful ...
 Virgin most faithful ...
 Mirror of justice ...
 Seat of wisdom ...
 Cause of our joy ...
 Spiritual vessel ...
 Vessel of honor ...

Pray for us.



For all the suffering souls in Purgatory, we pray to You, Lord, the prayer You bestowed upon St. Gertrude:

Eternal Father, we offer Thee the most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, for those in our own homes and within our families. Amen.

For the special intentions of our group members, we now pray to You, Lord.

(Individual Requests)

R: Lord, hear our prayer



***“Confidently take up the Rosary once again.
Rediscover the Rosary in light of Scripture,
in harmony with the Liturgy,
and in the context of your daily lives.”***

~ Pope John Paul II



~ INDULGENCES ~

A plenary indulgence is granted, if the Rosary is recited in the church or public oratory, or in a family group, a religious community, or pious association; a partial indulgence is granted in other circumstances.

The gaining of the plenary indulgence is regulated by the following norms:

- 1) The five decades must be recited continuously;
- 2) The vocal recitation **MUST** be accompanied by pious meditation on the mysteries;
- 3) In public recitation the mysteries must be announced in the manner customary to the place; for private recitation however, it suffices if the vocal recitation is accompanied by meditation on the mysteries.

~ Enchiridion Indulgentiarum No. 48



The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help or sought thy intercession was left unaided. Inspired by this confidence, we fly unto thee, O Virgin of virgins, our Mother. To thee do we come, before thee we stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not our petitions, but in thy mercy hear and answer us. Amen.

For the intentions of our Holy Father, *Pope N.* ...

Our Father. . .

Hail Mary. . .

Glory Be. . .

Prayer to Saint Michael

Saint Michael, the Archangel, defend us in battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell, satan and all the other evil spirits who prowl about the world, seeking the ruin of souls. Amen.



~ PRAYERS FOLLOWING THE ROSARY ~

Hail, Holy Queen (*Salve Regina*)

Hail! Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, Most Gracious Advocate, thine eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement! O loving! O sweet Virgin Mary!

V: Pray for us, O Holy Mother of God.

R: *That we may be made worthy of the promises of Christ.*

Let us pray: O God, Whose only-begotten Son, by His Life, Death and Resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these Mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ, Our Lord. Amen.

V: May the divine assistance remain always with us.

R: *Amen.*

V: And may the souls of the faithful departed, through the mercy of God, rest in peace.

R: *Amen.*



~ PRAYERS OF THE HOLY ROSARY ~

The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; on the third day He arose from the dead; He ascended into heaven, and is seated at the right hand of God, the Father Almighty; He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary—3x (Faith, Hope & Charity)

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be (Doxology)

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer (Invocation)

V: O My Jesus, forgive us our sins

R: *Save us from the fires of hell. Lead all souls to heaven, especially those most in need of Thy Mercy.*



~ THE MYSTERIES OF THE HOLY ROSARY ~

The Joyful Mysteries

(Said on Mondays and Saturdays, the Sundays of Advent, and Sundays from Epiphany until Lent.)

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation of Jesus in the Temple
5. The Finding of Jesus in the Temple

The Luminous Mysteries

(Said on Thursdays.)

1. The Baptism of Jesus in the Jordan
2. The Wedding Feast at Cana
3. The Proclamation of The Kingdom of God
4. The Transfiguration of Christ
5. The Institution of The Holy Eucharist

The Sorrowful Mysteries

(Said on Tuesdays and Fridays throughout the year; and daily from Ash Wednesday until Easter Sunday.)

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of The Cross
5. The Crucifixion and Death of Christ

The Glorious Mysteries

(Said on Wednesdays, and the Sundays from Easter until Advent.)

1. The Resurrection
2. The Ascension of Christ into Heaven
3. The Descent of The Holy Spirit
4. The Assumption of The Blessed Virgin
5. The Coronation of The Blessed Virgin



The Fifth Glorious Mystery

The Coronation of the Blessed Virgin Mother

Our Father . . .

1. And the Lord God said to the serpent, "I will put enmities between you and the woman, and your offspring and her Offspring." (*"Hail Mary..."*)
2. "She will crush your head, and you will lie in wait for Her heel."
3. And a great sign appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars.
4. She was with Child and she cried out in her travail of birth, in anguish for delivery.
5. And another sign appeared in heaven: A great red dragon, with seven heads and ten horns...
6. And the dragon stood before the woman, who was about to bear a Child, that he might devour her Child when she brought Him forth.
7. She brought forth a male Child, One Who was to rule all the nations with a rod of iron. But her Child was caught up to God and to His throne.
8. And the woman fled into the wilderness, where she has a place prepared by God.
9. Now war arose in heaven, with Michael and his angels fighting against the dragon.
10. The dragon and its angels fought back. But they did not prevail and there was no longer any place for them in heaven.

Glory be . . .

O my Jesus . . .



The Fourth Glorious Mystery

The Assumption of the Blessed Virgin into Heaven

Our Father . . .

1. Mary said, "My soul magnifies the Lord and my spirit rejoices in God, my Savior." (*"Hail Mary..."*)
2. "For He has regarded the lowliness of His handmaiden."
3. "For behold, henceforth all generations shall call me blessed."
4. "For He Who is mighty has done great things for me, and Holy is His Name."
5. "And His mercy is on those who fear Him from generation to generation."
6. "He has shown strength with His arm. He has scattered the proud in the conceit of their hearts."
7. "He has put down the mighty from their thrones and exalted those of low degree."
8. "He has filled the hungry with good things, and the rich He has sent empty away."
9. "He has helped His servant Israel, in remembrance of His mercy."
10. "As He spoke to our fathers, to Abraham and to His posterity forever."

Glory be . . .

O my Jesus . . .



SCRIPTURAL MEDITATIONS

For the Dominican Rosary

Meditating on the Joys of Mary
by Interspersing an Appropriate
Scriptural Quote Before Each *"Hail Mary"*





*I, John, heard a voice saying to me:
 "Behold, I am coming soon.
 I bring with Me the recompense I will
 give to each according to his deeds.
 I am the Alpha and the Omega,
 the first and the last,
 the beginning and the end."
 ~ Revelation 22:12*



The Third Glorious Mystery The Descent of The Holy Spirit

Our Father . . .

1. When the day of Pentecost had come, they were all together in one place. (*"Hail Mary..."*)
2. And suddenly, a sound came from heaven like the rush of a mighty wind and it filled all of the house where they were sitting.
3. And there appeared to them tongues as of fire, parting and resting on each one of them.
4. Now there were dwelling in Jerusalem devout Jews from every nation under heaven.
5. They were bewildered because each one heard them speaking in his own language.
6. Peter, standing with the eleven, lifted up his voice and addressed them, "These men are not drunk as you suppose, for it is only the third hour of the day."
7. This is what was spoken by the Prophet Joel: "God declared that in the last days, 'I will pour out My Spirit and they shall prophesy and whoever calls on the Name of the Lord shall be saved.' "
8. "Men of Israel, hear these words. This Jesus, delivered up according to the definite plan and foreknowledge of God, you crucified and killed by the hands of lawless men. But God raised Him up."
9. For David says, "You will not abandon My soul to the nether world, nor will You let Your Holy One see corruption."
10. Peter said to them, "Repent and be baptized, everyone of you, in the name of Jesus Christ for the forgiveness of your sins; and you will receive the gift of the Holy Spirit."

Glory be . . .

O my Jesus . . .



The Second Glorious Mystery

The Ascension into Heaven

Our Father . . .

1. He charged them not to depart from Jerusalem, but to wait for the promise of the Father. "Before many days, you shall be baptized with the Holy Spirit." ("Hail Mary...")
2. When they had come together, they asked Him, "Will You at this time restore the kingdom to Israel?"
3. "It is not for you to know times or seasons, which the Father has set by His own authority."
4. "You shall receive power when the Holy Spirit has come upon you and you shall be My witnesses to the end of the earth."
5. Then He led them out as far as Bethany, and lifting up His hands He blessed them.
6. As they were looking on, He was lifted up, and a cloud took Him out of their sight.
7. And while they were gazing into heaven as He went, behold, two men in white robes stood by them.
8. "Men of Galilee, why do you stand looking into heaven? This Jesus Who was taken up from you into heaven will come in the same way as you saw Him go into heaven."
9. Then they returned to Jerusalem from the Mount called Olives. And they went up to the upper room where they devoted themselves to prayer, together with Mary, the mother of Jesus.
10. Peter stood up among the brethren. The company of persons was in all about one hundred and twenty.

Glory be . . .

O my Jesus . . .



~ THE JOYFUL MYSTERIES ~

The First Joyful Mystery

The Annunciation

Our Father . . .

1. The angel Gabriel was sent from God to a city of Galilee named Nazareth. ("Hail Mary...")
2. To a virgin betrothed to a man whose name was Joseph of the House of David and the virgin's name was Mary.
3. "Hail, full of grace! The Lord is with you."
4. "Do not be afraid, Mary. You have found favor with God."
5. "Behold, you will conceive in your womb and bear a Son, and you shall call His name, Jesus."
6. Mary said to the angel, "How can this be since I know not man?"
7. "The Holy Spirit will come upon you and the power of The Most High will overshadow you; therefore, the Child to be born will be called Holy, the Son of God."
8. "Behold, your kinswoman Elizabeth in her old age has also conceived a son; for with God nothing is impossible."
9. And Mary said, "Behold the handmaid of the Lord. Be it done unto me according to Your Word."
10. And the Word was made Flesh and dwelt among us.

Glory be . . .

O my Jesus . . .

*(Said on Mondays and Saturdays, the Sundays of Advent,
and Sundays from Epiphany until Lent.)*



The Second Joyful Mystery

The Visitation

Our Father . . .

1. Mary went with haste and entered the house of Zachariah and greeted Elizabeth. (*"Hail Mary..."*)
2. The babe in her womb leaped and Elizabeth was filled with The Holy Spirit.
3. "Blessed are you among women and blessed is the fruit of your womb."
4. "Why is this granted to me that the mother of my Lord should come to me?"
5. "For behold, when the sound of your greeting came to my ears, the babe in my womb leaped for joy."
6. "And blessed is she who believed that what was spoken to her from the Lord would be fulfilled."
7. And Mary said, "My soul magnifies the Lord and my spirit rejoices in God, my Savior."
8. "For He has regarded the lowliness of His handmaiden."
9. "For behold, henceforth all generations will call me blessed."
10. "For He Who is mighty has done great things for me, and Holy is His name."

Glory be . . .

O my Jesus . . .



~ THE GLORIOUS MYSTERIES

The First Glorious Mystery

The Resurrection

Our Father . . .

1. Joseph of Arimathea rolled a great stone to the door of the tomb and departed. Mary Magdalene and the other Mary were sitting there opposite the sepulcher. (*"Hail Mary..."*)
2. The Pharisees gathered before Pilate and said, "Sir, we remember how that Imposter said while He was still alive, 'After three days I will rise again.' "
3. Pilate said to them, "You have a guard of soldiers. Go. Make it as secure as you can." So they went and made the sepulcher secure by sealing the stone and setting the guard.
4. And when the Sabbath was over, Mary Magdalene and Mary the mother of James, and Salome, brought spices. Very early on the first day of the week they went to the tomb when the sun had risen.
5. And looking up they saw that the stone was rolled back, for it was very large. And entering the tomb, they saw a young man and they were amazed.
6. "Do not be afraid! You seek Jesus of Nazareth, who was crucified. He has risen. He is not here, but go tell His disciples and Peter."
7. "Why do you seek the living among the dead? Remember how He told you, 'The Son of Man must be crucified and on the third day He will rise.' "
8. The women told this to the Apostles, but they didn't believe them. Peter then came out with the other disciples and they went to the tomb. Then they went back to their homes.
9. But Mary stood outside the tomb weeping. She turned around and saw Jesus, but did not know that it was Jesus.
10. "Mary, go to My brethren and say to them, 'I am ascending to My Father and your Father, to My God and your God.' "

Glory be . . .

O my Jesus . . .

(Said on Wednesdays, and the Sundays from Easter until Advent.)



*Behold, the hour is coming and has arrived
when each of you will be
scattered to his own home and you
will leave Me alone. But I am not alone,
because the Father is with Me.
I have told you this so that you
might have peace in Me.
In the world you will have trouble,
but take courage,
I have conquered the world.*

~ John 16:29



The Third Joyful Mystery

The Nativity

Our Father . . .

1. Now the birth of Jesus Christ took place in this way: Mary had been betrothed to Joseph and before they came together, she was found to be with The Child of The Holy Spirit. (*"Hail Mary..."*)
2. An angel of the Lord appeared to Joseph in a dream, saying, "Joseph, son of David, do not fear to take Mary as your wife, for that which is conceived in her is of The Holy Spirit."
3. "You shall call His name Jesus, for He will save His people from their sins."
4. "For behold, a virgin shall conceive and bear a son and His name shall be called Emmanuel, which means, "God with us."
5. "And you, Bethlehem, are a little one among the towns of Judah; but out of you shall He come forth unto Me, Him who is to be the ruler in Israel."
6. A decree went out from Caesar Augustus and Joseph went to the city of David, which is called Bethlehem.
7. Mary gave birth to her firstborn Son and wrapped Him in swaddling clothes and laid Him in a manger, because there was no room for them in the inn.
8. An angel of the Lord appeared to the shepherds saying, "I bring good news of great joy, for to you is born this day in the city of David, a Savior who is Christ, the Lord."
9. "Glory to God in the highest, and on earth peace to men of good will."
10. And they went with haste and found Mary and Joseph and the Babe lying in a manger.

Glory be . . .

O my Jesus . . .



The Fourth Joyful Mystery

The Presentation of Jesus in The Temple

Our Father . . .

1. They brought Him up to Jerusalem to present Him to the Lord.
2. Now there was a man in Jerusalem whose name was Simeon, and The Holy Spirit was upon him.
3. And it had been revealed to him that he should not see death before he had seen the Lord's Christ.
4. And inspired by The Spirit, he took Him in his arms and blessed God.
5. "Lord, now You may let Your servant depart in peace, according to Your word."
6. "For my eyes have seen Your Salvation, a light of revelation to the Gentiles and glory to Your people, Israel."
7. Simeon blessed them and said to Mary, His mother, "Behold, this Child is set for the fall and rising of many in Israel and for a sign that will be contradicted."
8. "And a sword will pierce through your own soul also, that the thoughts of many hearts may be revealed."
9. And there was a prophetess, Anna, who did not depart from the temple, worshipping and fasting and praying day and night.
10. And coming up at that very hour, she gave thanks to God, and kept speaking of Him to all who were looking for the Redemption of Israel.

Glory be . . .

O my Jesus . . .



The Fifth Sorrowful Mystery

The Crucifixion

Our Father . . .

1. There they crucified Him with two others, one on either side, with Jesus in the middle. Jesus said, "*Father, forgive them, for they know not what they do.*" ("*Hail Mary...*")
2. Pilate also had an inscription written and put on the cross. It read, "Jesus of Nazareth, the King of the Jews."
3. When the soldiers had crucified Jesus, they took His garments to make four parts: one for each soldier, but the tunic was without seams. "Let us cast lots for it."
4. "They divided My garments among them, and for my vesture they cast lots."
5. Standing by the cross were His mother and the disciple there whom He loved. He said to His mother, "*Woman, behold your son.*" Then He said to the disciple, "*Behold, your mother.*"
6. "Jesus, remember me when You come into Your kingdom." He replied, "*Amen, I say to you, today you will be with Me in Paradise.*"
7. At noon darkness came over the whole land until three in the afternoon. Then the veil of the temple was torn down the middle.
8. And at three o'clock, Jesus cried out in a loud voice, "*Eloi, Eloi, lema sabachthani?*" which is translated, "*My God, My God, why have You forsaken Me?*"
9. "Father, into Your hands I commend My Spirit." And when He had said this He breathed His last. (*Short Pause for Reflection*)
10. The centurion who witnessed what had happened glorified God and said, "This man was innocent beyond doubt. Truly this Man was the Son of God!"

Glory be . . .

O my Jesus . . .



The Fourth Sorrowful Mystery

The Carrying of The Cross

Our Father . . .

1. And they led Him away to crucify Him. (*"Hail Mary..."*)
2. And He went out, bearing His own cross.
3. They seized on Simon of Cyrene, who was coming in from the country, and laid on him the cross, to carry it behind Jesus.
4. And there followed Him a great multitude of the people and of women who bewailed and lamented Him.
5. "Daughters of Jerusalem, weep not for Me, but weep for yourselves and for your children."
6. "Unless one takes up his cross and follows Me, he cannot be My disciple."
7. "He who puts his hand to the plow and turns back is not fit to be My disciple."
8. Like a lamb He was led to slaughter, and He opened not His mouth.
9. And they brought Him to "The Place of the Skull," in Hebrew, *Golgotha*.
10. And they offered Him wine mingled with myrrh, but He would not drink it.

Glory be . . .

O my Jesus . . .



The Fifth Joyful Mystery

The Finding of Jesus in The Temple

Our Father . . .

1. Now His parents went up to Jerusalem every year at the Feast of the Passover. (*"Hail Mary..."*)
2. And when He was twelve years old, they went up as was their custom.
3. And when the feast was ended, as they were returning, the Boy Jesus stayed behind in Jerusalem. His parents did not know it.
4. But supposing Him to be in the company, they went a day's journey and they sought Him among their kinsfolk and acquaintances.
5. And when they did not find Him, they returned to Jerusalem seeking Him.
6. After three days they found Him in the Temple, sitting among the teachers, listening to them and asking them questions. And all who heard Him were amazed at His understanding and His answers.
7. And His mother said to Him, "Son, why have you done so? Behold, Your father and I have been looking for You in sorrow."
8. "How is it that you sought Me? Did you not know that I must be about My Father's business?" And they did not understand the saying which He spoke to them.
9. And He went down to Nazareth and was obedient to them. And His mother kept all these things in her heart.
10. And Jesus increased in wisdom and in stature and in favor with God and man.

Glory be . . .

O my Jesus . . .



*Now this is eternal life,
that they should know You,
the only true God,
and the one whom You sent, Jesus Christ.
I glorified You on earth by accomplishing
the work that You gave me to do.
Now glorify me, Father, with You,
with the glory that I had with You
before the world began.*

~ John 17:1



The Third Sorrowful Mystery

The Crowning with Thorns

Our Father . . .

1. Then the soldiers of the governor took Jesus in the praetorium and they gathered the whole battalion before Him. (*"Hail Mary..."*)
2. And they stripped Him and put a scarlet robe upon Him.
3. And plaiting a crown of thorns, they put it on His Head and they put a reed in His right hand.
4. And kneeling before Him they mocked Him saying, "Hail, King of the Jews!" And they spat upon Him, and took the reed and struck Him on the head.
5. Pilate said, "I am bringing Him out to you that you may know that I find no crime in Him."
6. So Jesus came out, wearing the crown of thorns and the purple robe.
7. "Behold, the Man!" But when the chief priests and guards saw Him, they cried out, "Crucify Him. Crucify Him!"
8. "Shall I crucify your king?" The chief priests said, "We have no king but Caesar."
9. And when they had mocked Him, they stripped Him of the robe, and put His own clothes on Him."
10. Then Pilate handed Him over to them to be crucified.

Glory be . . .

O my Jesus . . .



The Second Sorrowful Mystery

The Scourging at The Pillar

Our Father . . .

1. The high priest asked Him, "Are you the Christ, the Son of The Blessed One?" And Jesus said, "I am. And you will see The Son of Man sitting at the right hand of Power." (*"Hail Mary..."*)
2. And they all condemned Him, as deserving death. And some began to spit on Him and to strike Him.
3. And as soon as it was morning, the chief priest, with the elders and scribes, and the whole Council led Him away to Pilate.
4. "We found this Man saying that He Himself is Christ, a King."
5. Pilate said, "I do not find this Man guilty of any of your charges against Him; neither did Herod. I will therefore chastise Him and release Him." But they all cried, "Release to us Barabbas."
6. Pilate, wishing to satisfy the crowd, released for them Barabbas; and having Jesus scourged.
7. "I offered My back to those who struck Me; My cheeks to those who plucked my beard."
8. "My face I did not shield from buffets and spitting."
9. "He was wounded for our iniquities. He was bruised for our sins, and by His stripes we are healed."
10. He was spurned and avoided by men, A Man of Sorrows, accustomed to infirmity, yet it was our infirmities that He bore, our sufferings that He endured.

Glory be . . .

O my Jesus . . .



~ THE LUMINOUS MYSTERIES ~

The First Luminous Mystery

The Baptism of Jesus in The Jordan

Our Father . . .

1. In those days came John, The Baptist, preaching, "Repent, for the kingdom of heaven is at hand." (*"Hail Mary..."*)
2. I am the voice of one crying in the wilderness, "Prepare the way of the Lord, make straight His paths."
3. They went out to him and were baptized by him in the river.
4. Then Jesus came to John, to be baptized by him.
5. John would have prevented Him, saying, "I need to be baptized by You, and do You come to me?"
6. And when Jesus was baptized, the heavens were opened and He saw the Spirit of God descending like a dove and resting on Him.
7. And lo, a voice from heaven saying, "This is My Beloved Son, with Whom I am well pleased."
8. The next day John saw Jesus coming toward him and said, "Behold the Lamb of God, Who takes away the sins of the world."
9. "This is He Who baptizes with The Holy Spirit. And I have seen this and borne witness that He is The Son of God."
10. Then Jesus was led by the Spirit into the wilderness to be tempted by the devil.

Glory be . . .

O my Jesus . . .

(Said on Thursdays.)



The Second Luminous Mystery

The Wedding Feast at Cana

Our Father . . .

1. There was a marriage at Cana in Galilee, and the mother of Jesus was there. (*"Hail Mary..."*)
2. Jesus also was invited to the marriage with His disciples.
3. When the wine failed, the mother of Jesus said to Him, "They have no wine."
4. And Jesus said to her, "What is that to you and to Me? My hour has not yet come."
5. His mother said to the servant, "Do whatever He tells you."
6. Jesus said to them, "Fill the jars with water." And they filled them to the brim.
7. "Now draw some out, and take it to the steward of the feast."
8. When the steward of the feast tasted the water now become wine, he called the bridegroom."
9. "Everyone serves the good wine first and then the poor wine, but you have kept the good wine until now."
10. This, the first of His signs, Jesus did at Cana in Galilee, and manifested His glory; and His disciples believed in Him.

Glory be . . .

O my Jesus . . .



~ THE SORROWFUL MYSTERIES ~

The First Sorrowful Mystery

The Agony in The Garden

Our Father . . .

1. And they went to a place, which was called Gethsemane, and He said to His disciples, "Sit here while I pray." (*"Hail Mary..."*)
2. And He took with Him Peter, James, and John and began to be greatly distressed and troubled. "My soul is sorrowful, even unto death."
3. "Pray that you may not enter into temptation. And He withdrew from them a stone's throw.
4. "Father, if it be possible, let this cup pass from Me; nevertheless, not as I will, but as You will."
5. And being in an agony He prayed more earnestly and His sweat became like great drops of blood falling down on the ground.
6. And there appeared to Him an angel from heaven strengthening Him.
7. And when He rose from prayer, He came to the disciples and found them sleeping. "The spirit is indeed willing, but the flesh is weak." He went away and prayed for the third time, saying the same words.
8. And while He was still speaking, Judas came and with him a great crowd with swords and clubs. "Judas, would you betray the Son of Man with a kiss?"
9. Then Simon Peter, having a sword, drew it and struck the high priest's slave and cut off his right ear. "Put your sword back into its place, for all who take the sword will perish by the sword."
10. Then all His disciples abandoned Him and fled. Those who had seized Jesus led Him to Caiaphas the high priest, but Peter followed Him as far as the courtyard.

Glory be . . .

O my Jesus . . .

(Said on Tuesdays and Fridays throughout the year;
and daily from Ash Wednesday until Easter Sunday.)



*It was fitting that we should have such a
high priest: holy, innocent, undefiled,
separated from sinners,
higher than the heavens.
He had no need, as did the high priests,
to offer sacrifice day after day,
first for His own sins and then for
those of the people; He did that once for all
when He offered Himself.*

~ Hebrews 7:24



The Third Luminous Mystery

The Proclamation of The Kingdom

Our Father . . .

1. And He went about all of Galilee, teaching in their synagogues and preaching the Gospel of The Kingdom. (*"Hail Mary..."*)
2. "The Lord your God is One, you shall love the Lord your God with your whole heart and you shall love your neighbor as yourself."
3. "Think not that I have come to abolish the Law and the Prophets; rather, I have come to fulfill them."
4. "Do unto others, as you would have them do unto you; for this is the Law and the Prophets."
5. "A new commandment I give to you, that you love one another, as I have loved you. By this will all men know that you are My disciples."
6. "But to you who hear, I say, 'Love your enemies, do good to those who hate you. Bless those who curse you, pray for those who mistreat you.'"
7. Seeing the crowds, He went up on the mountain and He sat down and taught them, saying, "Blessed are you who are poor, for the kingdom of God is yours. Blessed are you who are now hungry, for you will be satisfied."
8. "Blessed are you when people hate you, and when they exclude and insult you, and denounce your name as evil on account of the Son of Man."
9. "Love your enemies and do good to them, and lend expecting nothing back; then your reward will be great and you will be children of the Most High."
10. "For He Himself is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful."

Glory be . . .

O my Jesus . . .



The Fourth Luminous Mystery

The Transfiguration

Our Father . . .

1. Jesus took with Him Peter, James, and John his brother, and led them up a high mountain apart. (*"Hail Mary..."*)
2. And He was transfigured before them, and His face shone like the sun, and His garments became white as light.
3. And behold, two men talked with Him, Moses and Elijah, who appeared in glory and spoke of His departure.
4. And Peter said to Jesus, "Master, it is good that we are here. Let us make three booths."
5. He was still speaking when, behold, a bright cloud overshadowed them.
6. "This is My beloved Son, with Whom I am well pleased. Listen to Him."
7. When the disciples heard this, they fell on their faces, and were filled with fear.
8. But Jesus came and touched them, saying, "Rise and have no fear."
9. And when they lifted up their eyes, they saw no one but only Jesus.
10. As they were coming down the mountain, Jesus commanded them, "Tell no one the vision, until the Son of Man is raised from the dead."

Glory be . . .

O my Jesus . . .



The Fifth Luminous Mystery

The Institution of The Eucharist

Our Father . . .

1. He sat down at table, and the disciples with Him. And He said to them, "I have earnestly desired to eat this Passover with you before I suffer." (*"Hail Mary..."*)
2. And during the supper Jesus laid aside His garments and began to wash the disciples' feet.
3. "If I then, your Lord and Master, have washed your feet, you also ought to wash one another's feet. And you are clean, but not all of you."
4. "One of you will betray Me. Woe to that man by whom the Son of Man is betrayed! It would be better for him if he had not been born."
5. Jesus took bread, blessed and broke it, and gave it to the disciples and said, "Take and eat. This is My Body which is for you. Do this in remembrance of Me."
6. And He took a cup, and when He had given thanks, He gave it to them, saying, "Drink of it all of you, for This is My Blood of the New Covenant. Do this in memory of Me."
7. "For as often as you eat This Bread and drink This Cup, you proclaim the Death of the Lord until He comes again."
8. "Amen. Amen, I say to you, unless you eat the Flesh of the Son of Man and drink His Blood, you have no life in you. And I will raise you up on the last day."
9. "He who eats My Flesh and drinks My Blood abides in Me and I in him."
10. The Cup of Blessing which we bless, is it not a participation in the Blood of Christ? The Bread which we break, is it not a participation in the Body of Christ?

Glory be . . .

O my Jesus . . .